

Faith Forward MovementThe Case for Connection

A National Response to the Faith Crisis Among Young Catholics

Disengagement Is Real

- 80% of young people leave the Catholic Church before age 23
- The median age for leaving the Church is just 13, though this often becomes visible at graduation
- Only 16% of Catholic young adults (18–25) attend Mass weekly
- Fewer than 1 in 5 Catholic college students engage in campus ministry without personal outreach
- Nearly 75% of youth who leave the Church say it was a gradual process—and high school is often the tipping point



The Transition Gap

- Thousands of Catholic seniors graduate each year with no direct connection to a faith community at their next destination
- Studies show that the friendships students form in the first 72 hours on campus are the friendships they will keep through their entire college experience
- The first 90 days after high school are critical for habit formation, identity development, and relationship-building
- Without outreach or guidance, students
 assume there's no one waiting for them—
 and quietly drift away
- Barna Group research shows that only 10%
 of young adults are considered "resilient
 disciples"—those who remain committed
 to their faith amid cultural change

Connection Changes Everything

- Students who receive a personal outreach from a campus ministry are 4x more likely to engage regularly
- Catholic students who stay involved with a faith community after high school report:
 - Higher emotional and mental well-being
 - Greater resilience in academic and life challenges
 - Increased likelihood of attending Mass, praying, and discerning vocations
- Faith-connected students are more likely to volunteer,
 remain active in parish life, and raise families in the Church







The Impact on Catholic Schools

Participating schools see:

- Stronger alumni faith engagement
- Increased pride in Catholic identity
- A powerful story to share with prospective families

By supporting students in their faith after graduation, Catholic schools demonstrate a true commitment to whole-person formation—not just preparing them academically, but also nurturing their spiritual and emotional lives.

Faith Forward Movement Bridges the Gap

- Connects seniors to their next Catholic faith community.
- Empowers schools, parishes, and parents to collaborate
- Ensures students are known by name and welcomed personally before they arrive
- Offers schools a free toolkit with posters, QR codes, announcement scripts, and more







NOW IS THE TIME

Faith Forward Movement ensures every Catholic senior steps into college with faith, not fear.

Let's make disconnection a thing of the past. Help your students stay Catholic for life.

Sources

- Center for Applied Research in the Apostolate (CARA), 2018
- St. Mary's Press & CARA, Going, Going, Gone: The Dynamics of Disaffiliation in Young Catholics, 2017
- Barna Group, Faith for Exiles: 5 Ways for a New Generation to Follow Jesus in Digital Babylon, 2019
- Pew Research Center, Religion Among the Millennials, 2010
- Pew Research Center, The Future of World Religions, 2015
- LifeWay Research, Religious Attendance Trends Among Young Adults, 2019
- Springtide Research Institute, The State of Religion & Young People, 2020 & 2022